

Metroplex Colon & Rectal Specialist

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ANAL WARTS TREATMENT - IMPORTANT INFORMATION FOR AFTER YOUR SURGERY

WHAT SHOULD I EXPECT IN THE DAYS TO COME?

- This procedure may be rather painful, expect increased pain for several days to weeks after the procedure. Pain may be increased with bowel movements. You may also notice some minor bleeding in the days following, which is normal.
- You will be given prescription pain medication by the physician following the procedure. You may take Tylenol for pain as well, but **Do NOT** take aspirin or ibuprofen.

WHAT IMPORTANT INSTRUCTIONS DO I NEED TO FOLLOW AFTER THE PROCEDURE

- You will be given a topical cream, called Silvadene Cream, which you will need to topically place daily over the perianal area from which the warts were removed.
- You should also take Sitz baths or soak in a tub of warm water, about waist high, for several minutes in order to soothe the anal area.
- Avoid Epsom Salt or soap products when taking Sitz baths, soaking in the tub, or even when cleaning the anal area. Please use regular water alone.
- Begin consuming a high fiber diet. Take a fiber supplement such as Metamucil or Citrucel with an 8-ounce glass of water each day. It is also important to drink 8 -10 glasses of water each day. All of these steps are to help keep you bowel movements soft.
- **DO NOT** take aspirin or ibuprofen containing products for 2 weeks following the procedure. If taking Coumadin, Trental, Plavix, or other blood-thinning medications, please **DO NOT** take these for 2 weeks following the procedure as well. Taking these earlier can cause bleeding problems.

CALL IMMEDIATELY;

- Fever > 102
- Increasing, SEVERE pain
- Inability to urinate
- Profuse bleeding

PLEASE NOTE THAT IN MOST CASES A SINGLE TREATMENT WILL NOT CURE THE PROBLEM. YOU WILL PROBABLY BE FOLLOWING-UP WITH DR. STANIUNAS MULTIPLE TIMES IN THE FOLLOWING WEEKS.

PLEASE MAKE A FOLLOW-UP APPOINTMENT TO BE SEEN IN 2 WEEKS.